Original Article

Evaluation of Rodent Fauna of Rural *Cutaneous Leishmaniasis* Reservoir in East Azerbaijan Province of Iran During 2018-2019

Yagoob Garedaghi^{1*}, Saeid Heidarinejad², Behrang Esfandiari³ Mohsen Amirfazli⁴

¹Department of Parasitology, Tabriz Branch, Islamic Azad University, Tabriz, Iran

²Department of biomedical sciences, United States of America, William Carey International University, USA

³Postgraduate Student of Veterinary Medicine (D.V.M), Tabriz Branch, Islamic Azad University, Tabriz, Iran

⁴Postgraduate Student of Veterinary Medicine (D.V.M), Shabestar Branch, Islamic Azad University, Shabestar, Iran

Abstract

Introduction: Leishmaniasis is one of the most important parasitic diseases that represents a serious health problem worldwide. This disease exists in three forms: cutaneous (rural, urban), visceral, and mucocutaneous. In the rural type, some rodents play the role of a reservoir. In our country, many people are infected with this disease every year. *Cutaneous Leishmaniasis* is now common in some parts of East Azerbaijan province. Considering that no comprehensive study on the general condition of *cutaneous Leishmaniasis* reservoirs in this province has been done so far, this research was very necessary. This study was conducted to investigate the fauna, distribution, and frequency of rodents in East Azerbaijan province from 2018 to 2019.

Methods: This is a descriptive cross-sectional study. Cluster sampling was performed on rodents. Rodents were caught each week by 30 live traps from different parts of East Azerbaijan province and were determined in the laboratory after examining their morphological characteristics. In order to identify Leishmaniasis, 2 samples were prepared from each rodent ear on a laboratory slide and after fixation with methanol and staining by Giemsa method, they were examined by light microscope.

Results: A total of 100 rodents were found in this study, which included 5 species of *Rhombomys opimus*, *Meriones libycus*, *Mus musculus*, *Nesokia indica*, and *Tatera indica*. In this study, a total of 3 rodents infected with *Leishmania* parasite were caught, 2 of which were from *Meriones libycus* from Azarshahr and Sarab counties and 1 from *R. opimus* from Kalibar.

Conclusion: Infection of *R. opimus* and *M. libycus* species was identified in Azarshahr, Sarab, and Kalibar counties. These two species are the most important reservoirs of *cutaneous leishmaniasis* in Iran. It is suggested that rodents be controlled in areas where there are cases of disease and rodents have been infected with *Leishmania* parasite in order to control the disease.

Keywords: *Cutaneous leishmaniasis*, Reservoir, Rodent fauna, East Azerbaijan, Iran

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Introduction

Rodents are mammals that live almost everywhere on land except for the two poles and adapt to different climatic conditions and are widely distributed. Among mammals, rodents are the largest order and the number of species is more than the sum of all other species of mammals (1,2). Moreover, the population of rodents on Earth is probably larger than the total population of other mammals. In our country, rodents make up almost one-third of all mammals in terms of species. Rodents have a lot of reproductive power, so with all the many enemies they have in nature and the heavy casualties they inflict, they are innumerable (3,4). In general, the importance of rodents in terms of public health and agriculture is well known. Mice have been able to move to different parts of the world by ship and with commercial goods and adapt to new environmental conditions. Mice cause harm

to humans by damaging food and reducing its value, as well as spreading disease (5). According to the World Health Organization, mice destroy 33 million tons of food annually, which is enough to feed 131 million people (6). One of the problems of rodents in Iran is that they are reservoirs of *cutaneous Leishmaniasis* and can transmit it to humans (7). In the rural type, the reservoir of the disease is mainly field rodents and so far four species of them are known as the main reservoirs of the disease in Iran (*Rhombomys opimus*, *Meriones libycus*, *Nesokia indica*, and *Tatera indica*). According to the World Health Organization, leishmaniasis is endemic in 89 countries and more than 350 million people are at risk of contracting the disease (8,9). The number of people with Leishmaniasis is estimated to be 12 million. There are 2 million new cases of leishmaniasis each year, of which about 500 000 are estimated to be infected and 1.5

*Corresponding Author: Yagoob Garedaghi, Email: yagoob.garedaghi@gmail.com, Y_garedaghi@iaut.ac.ir

million are infected with *cutaneous Leishmaniasis* (10,11). Annually, about 20 000 cases of leishmaniasis are reported from our country, but the actual number may be 4-5 times higher. This disease is endemic in 17 provinces out of 31 provinces of Iran (12).

In East Azerbaijan province, no comprehensive epidemiological study on *cutaneous Leishmaniasis* has been performed so far. Additionally, considering that this province, with its many historical monuments and buildings, is of interest to domestic travelers and foreign tourists, and if serious measures are not taken to study and control *cutaneous leishmaniasis*, there is a possibility of spreading the disease to other non-infected parts of the country. The present study was designed and performed to identify rodent faunas in this province and determine disease reservoirs.

Materials and Methods

This descriptive cross-sectional study was performed from 2018 to 2019. Simple random sampling method was applied. Since it is not possible to determine how many rodents are trapped and caught, the plan did not specify a specific number of rodents in advance. Obviously, the higher the number of specimens caught, the better information is obtained about the species, their distribution, and the prevalence of their infection with the *Leishmania* parasite. In fact, 9 cities of the province were systematically selected. The number of traps was determined to be 300 per season and a total of 1200 traps were installed and collected during the program. In this study, the rodents were captured with live traps (Sherman). Traps with dimensions of $30 \times 15 \times 10$ cm made of steel or aluminum wires with food (fresh cucumber, dates,) were used. First, suitable places for catching rodents were identified in 10 cities of East Azerbaijan province (Figures 1 and 2). Then, for two years from the beginning of the program, 30 live wire traps were installed once a week near active rodent nests in the selected parts of the province. In these traps, freshly sliced cucumber and dates were used as bait. During the warmer months of the year, traps were set at sunset and collected before sunrise. In the cold months of the year, the traps were installed in the desired locations after sunrise and collected in the afternoon before the temperature dropped. The rodents were anesthetized using chloroform-impregnated cotton plugs. After anesthesia, two slides were prepared from each rodent ear by sanding method. The slides were stained by Giemsa method and examined for leishmaniasis with a 100X objective lens. It took about 20 minutes for each slide to search for the parasite. In addition, the species of the caught rodents were identified according to their morphological characteristics and using the available identification keys. If the rodent had a lesion in the body, sampling was performed from that point.

Figure 1. Location of East Azerbaijan Province in Iran.

Figure 2. East Azerbaijan Province Counties.

Results

Determining the Species of Rodents Caught in East Azerbaijan Province

In this study, a total of 100 field rodents were caught, and the existence of 5 species of rodents was confirmed as follows:

Meriones libycus (54%), *Rhombomys opimus* (22%), *Mus musculus* (13%), *Tatera indica* (8%), and *Nesokia indica* (3%) (Table 1).

Determining the Prevalence of Leishmaniasis in the Caught Rodents

In Azarshahr city, 1 rodent from *M. libycus* species was infected with *Leishmania* parasite. In Sarab city, 1 rodent from *M. libycus* species was also infected with *Leishmania*

Table 1. Distribution of the Species Caught in the Cities of East Azerbaijan Province, Iran, During 2018-2019

Rodent species	Counties								
	Varzagan	Azarshahr	Sarab	Mianeh	Kalibar	Hashtrud	Osku	Ahar	Tabriz
<i>Rhombomys opimus</i>	-	+	+	+	+	-	-	-	-
<i>Meriones libycus</i>	+	+	+	-	+	+	-	-	+
<i>Tatera indica</i>	-	-	-	-	-	-	+	-	-
<i>Nesokia indica</i>	-	-	-	+	-	+	-	-	-
<i>Mus musculus</i>	+	-	-	-	-	-	+	+	+

Table 2. Prevalence of Leishmaniasis in Rodents in different Areas of East Azerbaijan Province, Iran, during 2018-2019

Rodent Species	Counties											
	Azarshahr			Sarab			Kakibar			Total		
	Number of Tested	Number of Infected	Percent	Number of Tested	Number of Infected	Percent	Number of Tested	Number of Infected	Percent	Number of Tested	Number of Infected	Percent
<i>Rhombomys opimus</i>	9	0	0	2	0	0	2	1	50	13	1	7.6
<i>Meriones libycus</i>	5	1	20	18	1	5.5	6	0	0	29	2	6.8

parasite. In the city of Kalibar, 1 rodent from *R. opimus* species was infected with *Leishmania* parasite (Table 2).

Discussion

Since rodents are reservoirs of rural *cutaneous leishmaniasis*, determining their species in East Azerbaijan province, which has several foci of *cutaneous leishmaniasis*, is very important. In this study, while identifying the existing species, their distribution and level of infection with *Leishmania* parasite were also determined. According to the findings, 5 species of rodents (*R. opimus*, *M. libycus*, *M. musculus*, *N. indica*, and *T. indica*) were caught and identified. Infection of two species of *R. opimus* and *M. libycus* with *Leishmania* parasite was also detected in Azarshahr, Sarab, and Kalibar counties. These two species are the most important reservoirs of *cutaneous Leishmaniasis* in Iran (13-15). In Iran, the infection of 5 rodent species caught in this study with *Leishmania* parasite has been reported from Gorgan plain, Khorasan, and Isfahan so far. *M. libycus* has also been reported to be infected with *Leishmania* in Isfahan, Turkmen Sahara and Azadegan plain (16,17). These rodents have been reported from most parts of Iran, including Sistan and Baluchestan, Kerman, Fars, Khuzestan, Tehran, Qazvin, Kurdistan, Azerbaijan, and Khorasan (18).

The abundance of fleas and lice on the body of house and desert rodents increases the possibility of transmission of some common diseases between humans and rodents; therefore, a more extensive study in this field is needed. Although sanding and sludge preparation from plasma has been used in most articles on *cutaneous leishmaniasis* reservoirs with positive results, other methods of parasite identification such as polymerase chain reaction are definitely more accurate than direct smear preparation and observation (19-21).

Conclusion

According to the results of this study and considering that the infection of reservoirs with parasites is one of the most important causes of *cutaneous leishmaniasis* in an area and no other reservoirs for this disease have been introduced in our country, it may seem that *cutaneous Leishmaniasis* cannot appear as a major health problem in East Azarbaijan province in the near future. However, considering the cases of the disease in the past and the existence of two important species of disease reservoirs in this region, it is necessary to investigate the contamination level of carrier and reservoir at different times and conduct further studies in this regard. It is suggested that in area, which has cases of disease and in which rodents have been infected with *Leishmania* parasite, rodents be controlled to control the disease.

Conflict of Interests

The authors declare that they have no conflict of interests.

Ethical Issues

In this research, ethical considerations have been fully observed.

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Authors' Contribution

YG did writing and SN editing of the manuscript. BE designed and did data collection and MA designed, did data collection and statistical analysis.

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